

Important Safety Instructions

Safety Information

Usage Limitations

1. Application Scope

- **Intended Use:** For sports and fitness activities only. Not a medical device and not intended to treat, cure, or prevent any knee injury or disease.
- **Activity Suitability:** Ideal for low to medium-impact activities (e.g., hiking, cycling, gym training). For high-impact professional sports (e.g., competitive basketball, football), consider additional protective gear.
- **User Group:** Suitable for adults and adolescents. Not recommended for infants or young children due to sizing and compression requirements.

2. Safety Warnings

- **Fit Check:** If the sleeve is too tight, it may cause numbness, tingling, or reduced blood circulation. If too loose, it will not provide adequate support and may slide down. Discontinue use if discomfort occurs.
- **Allergy Notice:** The product is made of nylon and spandex. If you have allergies to these materials, test a small area on your skin before full-time wear.
- **Injury Caution:** Do not use this sleeve to cover open wounds, fractures, or swollen/inflamed knee areas. Consult a doctor before use if you have existing knee injuries.

3. Material & Durability

- **Wear & Tear:** The anti-slip silicone strips and knitted fabric may degrade over time with frequent use and washing. Replace the sleeve if it loses elasticity, develops holes, or the anti-slip function fails.
- **Environmental Limits:** Avoid prolonged exposure to high temperatures (above 60°C/140°F) or open flames, as this may melt the silicone or damage the fabric.
- **Avoid Sharp Objects:** Do not wear the sleeve around sharp edges or tools, as they may snag and tear the knitted material.

4. Additional Notes

- This sleeve is sold in single or pair options (1/2 pcs). Ensure you select the correct quantity for your needs.
- The product is not waterproof. It will absorb sweat and moisture, so it should be removed and dried after use to prevent odor buildup.

⚠ ATTENTION



Not suitable for children under three years

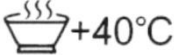


⚠ DANGER


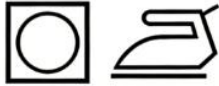

Warning: Plastic packaging can cause suffocation. Keep it away from children under 3. Do not use the packaging as a toy.

⚠ CAUTION

- Avoid looking directly into the beam.
- Read these instructions carefully and retain them for future reference.
- The product must not be exposed to dripping or splashing water, and no objects filled with liquids, such as vases, shall be placed on the product.
- This product is intended to be used in dry areas only.

Care Instructions

Symbol	Instruction
 Machine Wash (40°C)	Machine wash cold with like colors. Use mild detergent.
 Do Not Bleaze	Do not use bleach or fabric softeners, as they will damage the quick-dry performance.
 Tumble Dry Low	Tumble dry on low heat. Remove promptly to avoid wrinkles.

 Do Not Dry Clean	Dry cleaning may damage the moisture-wicking fibers.
 Iron Low (110°C)	Iron on low heat if needed. Avoid ironing over printed logos or graphics.
 Do Not Expose to Direct Sunlight	Prolonged sun exposure may fade colors.

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SAVE THESE INSTRUCTIONS

Symbol explanation

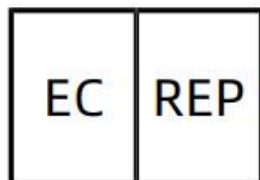


This symbol indicates that the product conforms to the essential health and safety requirements of the relevant European Directives.



This symbol stands for "United Kingdom Conformity Assessed" and indicates compliance with UKCA marking requirements.

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Usage Instructions

1. Size & Preparation

- Choose the correct size (e.g., Size S) by measuring the circumference of your knee joint at the center of the kneecap. Refer to the size chart for the best fit.
- Ensure the knee and surrounding skin are clean and dry before wearing to maximize comfort and grip.

2. Wearing Method

- Slide the knee sleeve up your leg, positioning it so the center of the sleeve aligns with your kneecap.
- Adjust the sleeve until it fits snugly around your knee joint—you should feel gentle compression without restricting blood flow or movement.
- The anti-slip silicone strips (visible in the detail inset) should rest against your skin to prevent sliding during exercise.

3. During Activity

- The sleeve's ergonomic design allows for full range of motion, making it suitable for running, jumping, cycling, and lifting.
- The breathable knit fabric wicks away sweat and moisture to keep your knee cool and dry during prolonged use.

4. Care & Maintenance

- Hand wash or machine wash on a gentle cycle in cold water with mild detergent.
- Do not bleach, iron, or tumble dry. Hang to air dry in a shaded area to preserve elasticity and fabric integrity.
- Store in a cool, dry place away from direct sunlight.